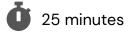




# **Cashew Chicken Noodles**

Stir-fry egg noodles tossed in a savoury ginger hoisin sauce with little florets of broccoli, diced chicken breast and roasted cashews.





2 servings



# Change the sauce!

If you don't have hoisin or oyster sauce, you can use a combination of soy sauce, sesame oil and lime juice. Sweet chilli sauce is also a flavourful addition if you have some!

PROTEIN TOTAL FAT CARBOHYDRATES 65g

#### FROM YOUR BOX

EGG NOODLES	200g
BROCCOLI	1
RED CAPSICUM	1
CARROT	1
SPRING ONIONS	1 bunch
GINGER	1 piece
DICED CHICKEN BREAST	300g
ROASTED CASHEWS	1 packet (40g)

#### FROM YOUR PANTRY

oil for cooking, pepper, cornflour, hoisin sauce or oyster sauce

#### **KEY UTENSILS**

large frypan or wok, saucepan

#### **NOTES**

The noodles are slightly undercooked to prevent them from overcooking at step 5.

Use sesame oil to cook the chicken and vegetables if you have some. This will add extra flavour!

Loosen the noodles with cold water to separate them before tossing them into the pan.

No gluten option - egg noodles are replaced with rice vermicelli. Cook noodles according to packet instructions.



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#### 1. COOK THE NOODLES

Bring a saucepan of water to a boil. Add noodles to boiling water and cook for 2 minutes (see notes). Drain and rinse under cold water.



### 2. PREPARE THE STIR-FRY

Cut broccoli into small florets (use to taste). Slice capsicum, carrot and spring onions (reserve green tops for garnish).

Peel and grate ginger. Combine in a bowl with 2 tbsp hoisin sauce, 1/2 tbsp cornflour and 1/2 cup water. Set aside.



#### 3. BROWN THE CHICKEN

Coat chicken with 1/2 tbsp hoisin sauce and 1/2 tbsp cornflour. Heat a frypan or wok over high heat with oil (see notes). Add chicken and cook for 3-4 minutes until browned.



# 4. ADD THE VEGETABLES

Add vegetables and cook for a further 5 minutes until tender.



# 5. TOSS THE NOODLES

Pour in prepared sauce and simmer for 2 minutes until thickened. Toss in cooked noodles (see notes) and roasted cashews until combined. Season with **pepper**.



### 6. FINISH AND SERVE

Use reserved spring onion green tops to garnish noodles. Serve at the table.

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